

# SHALOM

spirituality center

1001 Davis Street, Dubuque

## **CELEBRATING THE CANTICLE WITH ST. BONAVENTURE w/ Sr. Pat Doody**

Tuesdays, July 8, 15, and 22, 6:30-8:00 pm

Virtual via Zoom

Cost is \$15 per person for the entire series;  
please register by noon on July 3.

## **SHALOM 3rd ANNUAL WELLNESS FAIR**

Saturday, July 12, 10:00 am-2:00 pm

Join us as we visit with local community  
vendors specializing in all facets of wellness  
and enjoy delicious food from local food truck,

The Hangry'er Hobo

Free admission; no RSVP required.

## **LUNCH & RENEW:**

### **CHAIR YOGA w/ Deb May, Yogacare**

Wednesday, July 16, 11:30 am-12:30 pm

Cost is \$15 per person;  
please register by noon on July 14.

## **MEDITATION & MUSIC: SOUND**

### **HEALING w/ Morgan Noel**

Monday, July 21, 6:30-7:30 pm

Cost is \$15 per person;  
please register and prepay by noon on July 21.  
Registrations taken after the deadline and  
walk-ins will be charged \$20.

REGISTER AT [SHALOMRETREATS.ORG](http://SHALOMRETREATS.ORG)  
OR CALL 563.582.3592